

Have a greener Christmas
with our top festive tips

energy[®]
saving
trust

SAVE ENERGY BEFORE CHRISTMAS

- ✓ Living potted real trees are carbon neutral and can be re-used each year, so buy one of these instead of an artificial or felled tree
- ✓ Recharge old batteries instead of buying new
- ✓ Shop local to save on food miles
- ✓ Use brown paper for gift wrapping
- ✓ Sticky tape is non-biodegradable so use raffia or string instead
- ✓ LED Christmas lights are around 90% cheaper to run

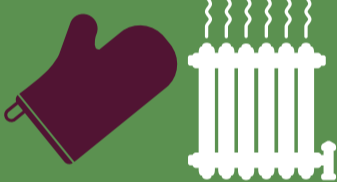


Santa's a **#FuelGood** driver
Santa saves **7,500kg of CO₂**
by travelling by sleigh instead of by car



SAVE ENERGY ON CHRISTMAS DAY

- ✓ Play a board game and turn the TV off for a bit
- ✓ Reduce the time your oven is on - cook as much as you can at the same time
- ✓ If you have lots of guests, turn the thermostat down a few degrees



We watch so much **TV** in Scotland on Christmas day
that the **CO₂** produced could fill
43 hot air balloons

SAVE ENERGY AFTER CHRISTMAS

- ✓ Recycle or compost your real tree, or if it's potted keep it in the garden for next year
- ✓ Make the most of your leftovers
- ✓ Turn off the heating in your spare rooms after guests have gone



Scotland will bin over
50,000 tonnes
of food and drink this December



Source: WRAP (Waste and Resources Action Programme)/ Zero Waste Scotland

Season's Greetings

from everyone at
energy saving trust